Hogeschool van Arnhem en Nijmegen
HAN University of Applied Sciences

INFORMATION GUIDE

2011 - 2012

HAN

Meet HAN Faculty of Health and Social Studies The Netherlands

Welcome to the Faculty of Health and Social Studies of HAN University of Applied Sciences, which has as one of its key aims the development of our students' knowledge and expertise from a global perspective. Our approach is to embed internationalization within our teaching activities. That is also why we very much welcome international students and staff to our university in order to create a truly international environment at our campus.

This guide offers all kinds of information for exchange students and staff from one of our over 60 partner institutions who would like to visit or study at the Faculty of Health and Social Studies. You will find introductions to all the degree programmes and courses/minors taught in English and important practical information.

An up-to-date description of all courses taught in English and German at the HAN University of Applied Sciences during the academic year 2011-2012 can be found on the websites www.han.nl/english for English and www.han.nl/deutsch for German.

We hope that this guide will help you make the right course selection.
The International Office wishes all international students and staff the best of luck at the HAN Faculty of Health and Social Studies.

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Engineering and Life Sciences

Information Technology, Media and Communication

Education

Social Studies

Health

Sports

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HAN UNIVERSITY OF APPLIED SCIENCES

HAN University of Applied Sciences is one of the top rated larger universities of applied sciences in the Netherlands. With more than 60 Bachelors Courses and Exchange Programmes, 20 Masters Courses, lectorates and Expertise Centres, the HAN's students, employees and external relations have ample opportunity to develop themselves and grow.

Domains

HAN offers almost every type of professional higher education related to the following domains: Health, Nursing, Social Studies, Sports and Exercise, Education, Commerce, Communication, Business Administration, Law, Economics, Engineering, Built Environment, Applied Sciences, ICT and Communication.

Faculty of Health and Social Studies

The institutes of Health Studies, Nursing, Sport and Social Studies of the HAN's Faculty of Health and Social Studies offer a broad variety of Bachelors, Exchange and Masters Programmes. The associated VDO Education and Consulting Centre delivers higher vocational level programmes, courses and training, and HAN experts can provide custom research and consulting.

Location

HAN is situated in the eastern part of the Netherlands, near the German border. Visitors to this part of the country will be charmed by the typically Dutch scenery of wide rivers, bridges, dikes and polders, set against a background of woody hills and small towns.

Arnhem and Nijmegen

The twin cities of Arnhem and Nijmegen (only 15 kms apart) - accommodate HAN University of Applied Sciences, one of the fastest growing universities of applied sciences in the country. Two modern city campuses facilitate the exchange of knowledge between more than 28,000 students and 2,900 staff members and 2,100 international students.

I Bachelors Courses

A short introduction...

In this chapter you will find concise information about the Bachelors and Masters courses offered by the Faculty of Health and Social Studies.

The Bachelors degree programs are four-year, full-time, profession-oriented programmes in which the placement is a compulsory component. The main component of the programme is called the major. Besides the placement and the major you will be free to specialise or broaden your interests and skills by choosing a minor. In general, it takes 1 semester to finish a minor. All degree programs described in this chapter are taught in Dutch. Additionally, some degree programs are taught in German.

A graduate of a profession-oriented Bachelors Course is sufficiently equipped to be able to work at a high level, but can also progress to a Masters Course.

INSTITUTES

1. HEALTH

The institute aims to contribute to the quality of life and health of people by training professionals, conducting research and realizing social services. The goal of HAN institute of Health is to train future professionals in a competence-oriented curriculum, in which the student and his or hers development in the professional field is the focal point. Health Studies educates professionals for the medical and social domain. The Bachelors Courses are:

- ***Occupational Therapy***

As an occupational therapist you advise and guide people with a disability to function in daily life. You assist them in structuring their daily lives - living, working and spare time - as efficiently as possible and you make it possible for them to function in these fields. This enables people with a physical or mental disability to realize their dreams for the future. The focal points of the HAN's degree program Occupational Therapy are entrepreneurship in occupational therapy, a district-oriented approach and transformation and participation.

Professional opportunities

You work as a therapist or counsellor for clients, as a coach for people involved in the client system and as an advisor of, for example, institutions and the business sector. Your field of activity ranges from traditional fields such as rehabilitation and health care centres, hospitals and special education to

new target groups in local communities, the business sector or even your own activities in an occupational therapy clinic.

- ***Physiotherapy***

As a physiotherapist you diagnose and treat patients. The treatment you choose partly depends on the views, goals and the entire living environment of the patient/client. More and more physiotherapists develop training and exercise programmes that help prevent injuries. Physiotherapists have also started working more and more in the fields of coaching, consultation and reintegration. As a physiotherapist you help people in the fields of work, sports, spare time or other activities. You use different means such as manual therapeutic techniques such as massages, but also techniques such as fitness training and electrotherapy.

Professional opportunities

You work in your own practice or as an employee in a health care institution (hospital), in a private practice or special institution (nursing home).

- ***Speech and Language Therapy***

As a speech therapist you develop, correct and maintain human speech and the processing of food and drinks (swallowing). Not only do you work with clients but also with their environment such as parents, spouses, group leaders or teachers. You treat, for example, voice problems, language problems and hearing problems.

Professional opportunities

You work in a private practice, as a local government employee, for the medical officers of schools association or a school board, in health care institutions such as nursing homes, hospitals, institutions for the deaf or the disabled or rehabilitation centres. You can work anywhere where you can provide communication training programmes for people who, for example, regularly hold lectures.

- ***Nutrition and Dietetics***

As a nutritionist/dietician you are an expert in the field of nutrition and health. You have also learned to advise and assist groups and individuals. In your future job, you are capable of making plans with regard to the quality of care, enterprising and innovating. You advise clients about nutrition and life style, you cooperate in (nutrition) research, you give advice about the nutritional offer in institutions, you give information or you are an expert in a commercial business.

Professional opportunities

You have a broad field of expertise. You can work in a hospital, in domiciliary care, in a nursing home or in a private practice. You can also work for a communications office, a research institute, a gym, a food manufacturer or a catering company.

2. DENTAL HYGIENE

- ***Dental Hygiene***

In the Netherlands, dental hygienists are trained for primary, secondary and tertiary prevention in the field of parodontology and cariology. This means that the programme has its main focus on the behaviour of people and teaching preventive oral care.

A focal point of the Dental Hygiene programme (HAN University of Applied Sciences) and the Dentistry programme (Radboud University Nijmegen) is to have their students work together as a team. This takes place at the Academic Clinic for Oral Care.

Professional opportunities

As a dental hygienist you work in the fascinating and dynamic field of dental hygiene. You can work in various areas; with the individual patient, such as general dentistry, Orthodontics, parodontology, children dentistry, but there are also opportunities in municipal health services and so on. Furthermore, you are involved in applied sciences research.

3. NURSING

- ***Nursing***

As a nurse you provide highly complex and evidence-based care to the patient/client and his or her system, focused on (possible) disrupted health patterns. You work in a multi professional team with respect for the patient/client according to the principles of responsiveness.

You are part of a multicultural society and anticipate the needs of individuals and groups of diverse care recipients. You are capable of creating conditions in order to organize the multi-professional care and to realize quality health care. You have the ability to learn independently and you have reflective skills. You can account for your (own) actions in exercising your profession, to the patient as well as other parties involved. As a nurse you are responsible for supporting and assisting your colleagues in acquiring competences that are important to providing health care. A part of your job is to help develop health care programs by using theoretical frameworks and scientific literature in the field of nursing. You contribute to professionalizing the nursing profession and you communicate your vision of nursing.

Professional opportunities

General Health Care (intramural)

As a nurse, you are more and more confronted with acutely, seriously ill patients in general and academic hospitals who are admitted for a short treatment period or chronically ill patients who receive intramural, intermittent treatment for purposes of symptom treatment. In the general health care industry you deal with acute and chronic health care, and the care for different age groups: newborns, children, adults and the elderly.

Mental Health Care and Care for the mentally disabled (institutional and community-based)
Mental Health Care and Care for the mentally disabled (institutional and community-based) In this sector there is an increasing demand for especially community-based health care. As a psychiatric nurse you are increasingly confronted with the client's situation at home. In mental health care you deal with acute and chronic health care, care for addicts, forensic psychiatry, community mental health and the care for different age groups: young people, adults and the elderly.

Social Health Care and Youth services
Besides the execution of complex care issues, you can make an excellent contribution as a nurse - in your role as designer- to new working methodologies that are suitable for application in domiciliary care. In your role as a coach you can support team members with lower qualification levels. As a nurse in youth services you are an important team player in the network that surrounds children and young people.

Gerontologic-geriatric care
As a gerontologic-geriatric nurse you are expected to deal with the complex care needs of specific client groups and to place the needs in the perspective of the individual's lifecycle.

- ***Medical Assistant***

During the Medical Assistant course, you learn how to think medically, communicate well and respond competently in situations involving people who have suffered or risk injury.
During your studies, you use the latest medical insights. You can make your own diagnoses of patients or victims. You also monitor and support their vital functions and are able to initiate treatment. In doing so, you take into account the patient's social and cultural background. Once you have obtained your diploma, you can start work immediately as a junior medical assistant. As a qualified medical assistant, you practise skills which only used to be performed by nursing staff. This is new. For this training, you must be confident and have a pioneering mentality.

Professional opportunities
The Medical Assistant Bachelor's degree trains you for various support professions inside and outside the hospital. After graduating, you can work in various areas:

- in an ambulance;
- in an A&E department in hospital;
- in an operating theatre (anaesthesia).

After a while, you can transfer from the A&E to the ambulance, for example. To do so, you must attend additional training.
You can also start your own practice as a medical assistant.

4. SPORT

Doing sports is not only healthy, but above all fun! Lately, Dutch people increasingly think that sports and exercise is very important. The demand for sports and health managers, sports teachers and other sports professionals has grown. If you have a passion for sports and exercise and if you want to become professionally innovative in this field, you can choose from three Bachelors Courses taught at the HAN Institute of Sport.

- ***Sports, Health and Management***

How do you get people to exercise? And to what do you have to pay attention when organising sports activities? As a sports and health manager you are broadly trained and you know everything about sports, exercise and health. You are a life style coach as well as a sports manager. You advise people and organisations about healthy living and exercising.

You can lead, manage, venture, advise, inform, assist, professionalise, cooperate and develop quality. As a sports and health manager you are a pioneer. Therefore, it is important that you have a venturing spirit. But you also have excellent communicative skills, you are critical and reflective.

Professional opportunities

You organise all sorts of activities related to sports and exercise. You can also work as a manager in the sports business. Or you advise groups or individuals about the development of exercise and health programmes, for example, exercise activities for obese children. You can also focus more on the development of sports by, for example, making people take up sports more from a national organisation, or by focusing on the sports infrastructure in a city or local community.

- ***Physical Education Teacher***

As a Physical Education Teacher you know how to motivate groups of children and young people to exercise and you know how to keep them exercising. You learn how to teach students to move better and you can show them the way in the extensive range of sports and exercise options on offer. You fulfil a moral and educational role for your students. In the course of the programme you develop communicative and social skills so you can anticipate current questions from young people, society, education and the sports business.

The programme applies the following focal points: Learning and teaching, Coaching and assisting, Motivating and sports participation, Changing behaviour and healthy lifestyle, Management and organisation, Enterprising and innovation.

Professional opportunities

The field of activity of a Physical Education Teacher is growing. Not only do you teach, but you also initiate and organise partnerships

between schools, sports providers and the local government. You are also active in sports stimulation programmes and the support of sports clubs.

- ***Sports and Exercise***

People are increasingly practising sports. Not just to stay healthy and fit, but also for the social aspect. However, there are still large groups of people for who sports are not a natural thing. These groups often need an adjusted approach. Graduates of Sports ans Exercise are sports specialists who know how to move people.
A graduate of Sports and Exercise uses sports and exercise to improve the well-being of the participants. You know a lot about sports and exercise programmes, about organising projects and coaching and assisting.
Together with others, you can translate new developments and trends into programmes that people like to participate in.

Professional opportunities

You are specialised in working with people with a disability, with weight or health problems, seniors or young loiterers.
After four years, you will be an all-round sports professional who, for example, can assist disabled people with their sports achievements and who knows what is going at the Cruyff Court (football field) in the local community. You also know about tourism, outdoor sports and spare time, enabling you to organise exercise and sports programmes for various groups.
Working together with others fits you like a glove.

SENECA

SENECA is part of HAN Institute of Sport and, as such, connected to the HAN University of Applied Sciences. It is the Expertise Centre for sports, work and health and offers health and performance-enhancing services. Furthermore, SENECA is the link between the area of work and the education of the HAN. Students have the opportunity to participate in health and performance-enhancing research during their studies.

5. SOCIAL STUDIES

Social Studies trains students in the field of social professions: supporting, treating and assisting people who are in a tight spot or who need help in giving shape to their lives, and people who want to participate in social and cultural activities. A social degree program teaches students to effectively apply their help and service providing abilities, their creativity and their organisation talents. The six Bachelors Courses are:

- Arts Therapies
- Cultural Social Development
- Social Work and Services
- Education Sciences/Pedagogics
- Social Educational Care
- Applied Psychology

Arts Therapies comprises drama therapy, art therapy, music therapy and psychomotoric therapy.

Cultural Social Development and Social Educational Care focus more on working with groups of people in institutions and organisations, in their daily lives and in several recreational, educational and cultural settings.

Arts Therapies, Social Work and Services and Applied Psychology mainly train students for individual social work situations.

Education Sciences/Pedagogics focuses on helping children and their parents/guardians in a normal or disrupted upbringing situation. The other programmes are focused on learning how to work with all age groups.

A special feature of the programmes Cultural Social Development and Social Educational Care in Nijmegen is that students learn how to use their head, heart and hands. In working with clients and participants, graduates apply different creative means such as play, arts and games & sports. The Cultural Social Development and Social Educational Care programmes also offer part-time courses in Dutch and German.

- ***Arts Therapies***

Throughout the centuries, people have expressed their unspoken feelings through art. As an art therapist you use creativity to help people who are stuck in a situation.
As an arts therapist you always work from a client's guiding question. You ease problems and improve the quality of life. Arts therapies is mostly about doing and experiencing. You make use of different forms and means of therapy:

Drama
You express feelings by using your senses, posture and movements, your voice, facial expression, improvisation, spontaneity, communication and teamwork. Your client thus experiences reality; he can change it or learn to accept it.

Art
Which materials do you choose and what colour? Which shape do you create and how are these elements related to each other? Your client creates his own view of reality with the work of art, to which you can both give 'meaning'.

Music
Playing music yourself is the key. It is mostly about improvising, composing, notation of and listening to music. Music provides structure. In a marching band you follow the march rhythm without you even realising it. Unnoticed, you tap your feet to the rhythm of the music. You use this emotional and structuring effect of music in music therapy.

Movement
In psychomotoric therapy clients literally start 'moving' (again). You use movement and body-oriented forms of therapy. Your clients literally stand still and think about what moves them. They experience themselves physically, in action and interaction with others. They feel how they are, what they do and what it is like to do it differently.

Professional opportunities
You can work in different fields as an arts therapist. You can work in health care, the justice department, education, youth services or a private practice. You will deal with, for instance, psychiatric patients, people with a mental disability, sectioned patients, students and so on

- ***Cultural Social Development***

As a CSD-er (= Social Worker of the department Cultural Social Development) you effectively are a cultural and social entrepreneur.
You organise challenging cultural activities and sports and games events. You take initiative, you are venturing and innovative. You manage projects and are result-oriented in your work. But above all, you are socially involved and looking for opportunities to advance people on a social and cultural level. A cultural social worker can work in any of the following industries:

Arts and culture
Cultural activities are popular. Museums, festivals, performances, concerts and exhibitions are often well-attended. Yet, there are people who rarely come into contact with arts and culture. As a CSD-er you try to reach young and old and involve them in art and culture.

Active in the local community
If you work in the local community as a CSD-er, you could, for instance, organise leisure activities for and with youths so that they can develop themselves further. You participate in activities in the local community that contribute to a good, social living environment in a community and to the living to-gether of people with different backgrounds (culture, age, education). You often cooperate with the local government, housing associations, the police department and educational institutions.

Recreation, tourism and sports
You can work in the leisure industry, open-air and accommodation recreation, or as activity leader or organiser of active leisure activities for active holiday organisations. You can be involved in sports promotion and consultancy.

Professional opportunities
As a CSD-er you can do culturally and socially motivated work in the following industries: culture, recreation, tourism and sports, non-formal education, adult education or the local community.

- ***Social Work and Services***

The Netherlands has a high level of social facilities, but that does not mean that there are no problems. Some people have become stuck in their daily lives. They are having problems they can no longer solve themselves. As a social worker you are firmly rooted in society. You help people when they are no longer able to find the solution themselves. Their questions can vary: you can help people with relationship issues, financial issues or problems arising from a disability or loneliness. You have direct contact with individual clients as a social worker, but also with families, relatives or other rela-tionships. A social worker assists people, advises them or mediates with organisations.

The Social Work and Services programme is a broad, basic programme. In the course of your education you learn how to work together with other professionals such as doctors, nurses and psychologists.

Professional opportunities

As a graduate of the Social Work and Services programme you can work in different fields as a social worker: in general social work organisations, health centres, hospitals, schools, community centres or the business sector. In organisations for youths and the elderly or institutions for people with a disability, addiction or a criminal history, such as probation services, psychiatry or care for addicts.

- ***Education Sciences/Pedagogics***

You are specialised in the development of children and young people up to 21 years old. Your goal is: help children to grow up into stable adults. You help children and young people in their general development or in a specific area of development. You work with children who develop normally, but also with children with a delayed development due to a disorder, unsafe upbringing or a disability. You work directly with the child on a one-on-one basis or indirectly by advising the parent or guardian of the child. You prevent the deterioration of development disorders and adjust them as well as you can.

Professional opportunities

As an educationist you stimulate the development of children and young people and you support the caregivers (parents and/or professional child care workers). You offer help in the field of orthopedagogy and you are attentive to signals that point to development disorders on a micro, meso and macro level. You set up and execute action plans to prevent and adjust signalled problems. You can judge the quality of an organisation and you can implement improvements and you are capable of researching and implementing innovative measures. As a Education Sciences/Pedagogics graduate you can work in, for instance, child care services, care services for the disabled, schools or information centres for young people.

- ***Social Educational Care***

As a social educationalist you help people who are stuck and who can no longer take care of themselves, for instance because they have a physical or mental disability. Or you help children and parents who are not getting along anymore. But you can also deal with people who have come into contact with the law. You offer your clients social and (ped) agogic assistance, which they need to give shape to their lives. As a social educationalist you offer as much help as possible in your clients' home. You help clients who temporarily cannot live at home in an institution.

You usually work with other professionals by using a treatment plan. Together with your client you look for solutions to their problems. Subsequently, you assist them in realising the new solutions such as learning to deal with psychological or physical illnesses, teaching everyday behaviour, setting up a day rhythm, living independently, starting an education, finding (and keeping!) a job or leisurely activities.

The Social Educational Care programme in Nijmegen focuses on learning how to use and work with creative means in the care for clients. With the help of drama, dance and movement, creative arts, sports and games, audio-visual means and job-related activities, you can teach people to use their head, heart and hands. This way you can communicate in a different way - without words - with your clients.

Professional opportunities

As a social educationalist you can work as an educational counsellor or coach for families, a video home trainer (care provider) for children at home or as a coach for clients who live independently. You can also work as a care provider at a special needs school or a medical day care centre, as a sociotherapist in a therapeutic boarding school, as an organiser of activities in youth prisons or a psychiatric ward or as a group leader at an institution for the physically disabled. Social educationalists also work as managers at health care facilities for the elderly or as an education worker in hospitals.

- ***Applied Psychology***

The Applied Psychology programme teaches you how to help people function better. At home, at work, at the sports ground and in their spare time. You study your client's behaviour, emotions, experiences, intelligence, personality traits and life history. And you learn how to influence these aspects to improve the functioning of your client. How can I do better at work? I would like to break free from my loneliness, but how do I do that? How do I arrange my life now that I am a pensioner? How am I going to get a job after being out of employment for so long? Is this applicant suitable for this position?

You will deal with these types of questions as an Applied Psychology graduate. You work for individual clients or for clients in the business sector.

Professional opportunities

With your Applied Psychology degree you can work in various fields. For example, in mental health care (prevention, primary mental health care, centres for psychological treatment, care for addicts) and (youth) health care services. But you can also work for large companies that invest in their employees' development, in reintegration companies, recruitment agencies, supporting educational services and in sports.

II Masters Courses

PROFESSORSHIPS AND RESEARCH CENTRES

In 2007, the HAN established the HAN Masters Courses and Research to administer its Masters Courses and related research programmes. Professors work closely with lecturers and students in research groups and play an important role in designing and delivering the school's Masters Courses. They are also highly involved in the research conducted within the programmes. The HAN acts as a 'gateway to knowledge' through which many students, regional companies, expertise centres, public authorities and other institutions have already passed.

MASTERS COURSES

Markets, organisational developments and professional practice are becoming increasingly complex and demand highly educated experts. HAN Masters Courses prepare proactive, curious professionals for management roles and are rooted firmly at the heart of practice. From the start of the programme, Master students start solving complex problems in their professional practice. In an inspiring way, they link people and current scientific knowledge and translate this into practical applications. They are able to manage changes and innovations, in collaboration with professional practice.
The programmes are organised on a small scale. Highly qualified teachers from professional practice devote themselves to their students' development. Using fascinating and intriguing methods, they respond to current developments, new scientific insights from HAN professorships, social demands and practical dilemmas.
The educational programme is given in the former Canisiuscollege in Nijmegen. In this stimulating environment, professionals build on their knowledge, experience and networks for the future. HAN Masters Courses offer an inspirational environment where students and professionals feel welcome.

Current HAN Masters Courses:

- Management & Innovation
- Human Resources Management
- Business Administration in Health Care and Services
- Human & Organisational Behaviour
- Social Work
- Arts Therapies
- Education
- Neurorehabilitation
- Musceloskeletal Rehabilitation
- Advanced Nursing Practice
- Physician Assistant
- Master in Molecular Life Sciences
- Sports and Exercise Innovation

NVAO accreditation
The HAN Masters Courses are accredited by the NVAO, the Dutch accreditation council.

Experienced teachers commit themselves to the accreditation on a daily basis with solid, contemporary and high-quality programmes.

BACHELORS AND ASSOCIATE DEGREE PROGRAMMES FOR PROFESSIONALS

Professionals with some years of work experience can do special Bachelors (BA) and Associate Degree (AD) Programmes to further develop themselves in the field of management or the teaching profession:

- Management in Health Care and Services BA
- Teacher Training Health Care and Welfare BA
- Education Assistant in Health Care and Welfare AD
- Coordinator in Health Care and Services AD

VDO EDUCATION AND CONSULTING CENTRE

The VDO Education and Consulting Centre supports thousands of employees and managers from health care organisations, welfare organisations, elderly and domiciliary care, education and the specific field of Human Resources and Health and Safety services with post-higher vocational education programmes, courses, training programmes and with consultancy and advice plans. The instruments that are being used are: competence-focused learning, assisting, implementation and coaching. Professionals can develop their knowledge further, strengthen their competences and gain new insights together with their fellow-professionals.

III Exchange Programmes

COURSES TAUGHT IN ENGLISH

Below, you will find the available courses for exchange students. You can find information about the exact period in which these courses are taught on this website http://www.han.nl/start-en/bachelor/

The following courses are taught in case of enough applications.

• *Manual Therapeutic Intervention 15 EC Topics*

The student is:

- capable to use and evaluate manual therapeutic interventions (no manipulations) within physiotherapeutic treatment;
- capable to explicit his/ her decisions concerning the use and evaluation of manual therapeutic interventions;
- able to distinguish the different aspect of manual therapeutic physiotherapy in a international perspective.

Teaching methods

- Lectures
- Working group
- Skills
- Journal Club

Admission and requirements

The student:

- is studying Physiotherapy;
- has had 2 years of Physiotherapy education.

Information

Institute Health Studies, Mrs. Annemarie Nijhof
E Annemarie.nijhof@han.nl

Deadlines and application

Mrs. Monique Nederhoed
E monique.nederhoed@han.nl

• *Speech and Language Therapy for Children and Adults 30 EC*

(in German)

In this course the students deepen their knowledge and skills about speech and language therapy, using cases of less common speech and language disorders like aphasia and feeding disorders in children or residual aphasia. Some activities:

- Diagnosis, treatment and monitoring of client/client groups with complex disorders/diseases and their environment
- Creating and/or evaluate a protocol for the treatment of speech and language disorders, improving the quality of care
- Performing a literature review on the effectiveness of diagnosis and treatment

- Active collaboration with Speech and Language Therapy and other disciplines for the benefit of the quality of treatment and care of clients and their environment

How:
- Lectures and workshops
- Working groups
- Skills trainings

Who?
The student:
- is studying Speech and Language Therapy
- has had 2 years of Speech and Language Thearpy education;
- has had at least 3 month of practical experience

Information:
Department Speech and Language Therapy, Ulli Hild or Jeanine Coopmans
E ulli.hild@han.nl / Jeanine.Coopmans@han.nl

• Internationalisation 30 EC
Register for the Internationalisation course offered at the HAN University of Applied Sciences to develop an international perspective within your profession. Within this course you have the opportunity to do a suitable international or research assignment in a foreign country.

The Internationalisation course helps you develop a wider perspective on the world and your profession. Your career takes on another dimension when given an international context as you revaluate your own norms and values and your role as a professional, global citizen. This course covers globalisation, development cooperation and the relationship between the northern and southern parts of the world, as well as paradigm shift, Public Health and the most common global diseases.

Topics
- Organisation of healthcare provision
- Healthcare risks and prevention
- Cultural and paradigmatic differences
- Acculturalisation
- Diagnoses
- Epidemiology
- Language training
- Dilemmas
- Country knowledge

Type of course
This is a differentiation course. A differentiation course enables you to develop your professional competencies in a different/ broader contex.

Who?
This course is designed for healthcare students in the broadest sense of the word. You may be studying, for example, Nursing, Physiotherapy, Dietetics, Nutrition or Speech and Language Therapy. You also have experience within social studies.

Admission and requirements
The student:
- can communicate effectively in written and spoken English to a minimum Senior General Secondary Education level;
- has successfully completed professional tasks during a possible work placement assignment.

Information
Institute Nursing, Mr. Hein van der Hulst
E hein.vanderhulst@han.nl

Deadlines and application
http://www.han.nl/start-en/bachelor/

• *Sports Performance Enhancement 30 EC*
During the Sports performance improvement course you will learn how to lead and give advice to athletes, sports teams and trainers/coaches in the areas of exertion physiology, sport psychology and exercise theory. You will learn how to conduct various tests on athletes, including physical tests, questionnaires and exercise analysis, and how to translate the results into performance enhancing advice. The most important target group is talented young athletes and their trainers.

Topics
- Sport physiology
- Sport psychology
- Sport mechanics
- Exercise theory
- Talent identification
- Talent development

Type of course
- A specialisation course: it enables you to further deepen your skills and knowledge within your own profession (professional profile).
- Also a continuation course: you are interested in conducting more research and are preparing to continue your studies at a university (or to enrol in a Masters Course at a university of applied sciences).

Who?
- You are interested in competitive sports.
- You are ideally studying to become a Physical Education teacher, or are studying Sport, Health and Management, Sport Exercise Education, Physiotherapy or Exercise Sciences.

Admission and requirements
The student:
- has successfully completed a higher vocational level foundation course and have basic knowledge of exertion physiology, sport psychology and exercise theory;
- is able to read English-language professional literature.

Information
Institute Sport, Mrs. Su-Anne van Waes
E Su-Anne.vanWaes@han.nl

Deadlines and application
http://www.han.nl/start-en/bachelor/

• *Sport Tourism 30 EC*

Do you love sport, tourism, management and all related aspects? Then register for the Sport Tourism course offered at the HAN University of Applied Sciences.
In the Sport Tourism course you will research and analyse issues related to sport tourism. You will translated your findings into advice for organisations active in the field of sport tourism.

Topics

- The theory and practice of sport and tourism.
- Combining sport and tourism at a strategic level.
- Sport tourism events: cross-border sport tourism, sport and adventure.

Subjects

- Leisure activities
- Trends and development
- Sport-related activities and sport emotions
- Players in the field
- Developing strategy
- Sport tourism concepts
- Policy development
- Implementing sport tourism plans
- Sport tourism experience and emotion marketing

Other possible subjects (in consultation)

- Rehabilitation and training in sports and exercise education
- Sports and economy
- Integral health management
- Health promotion
- Sports and nutrition
- Strategic sports management
- Remedial exercise education

Note

Additional costs will be incurred during this course related to various external activities.

Type of course

- A specialisation course: it enables you to further deepen your skills and knowledge within your own profession (professional profile).
- Also a differentiation course: it enables you to develop your professional competencies in a different/broader context.

Who?

Register for this course if you are interested in tourism, outdoor activities and organising events.

Information

Institute Sport, Mrs. Su-Anne van Waes
E Su-Anne.vanWaes@han.nl

Deadlines and application

http://www.han.nl/start-en/bachelor/

• *Sports Sciences*

Have you always been curious about the more academic side of sports and how you can use this knowledge in the practice of sports? Than this course is for you. Broaden your knowledge! In the course Sports Sciences you will gain thorough theoretical knowledge of the eight subspecialties of sports sciences. You will learn how to use the interrelationships of these specialties with the related issues. This truly adds to the programme of your major.

Subjects

- Sport sociology ('Social Sciences and the Humanities')
- Sport psychology
- Sport philosophy (including ethics and history)
- Social science of kinetics
- Exercise physiology
- Biochemics / molecular biology
- Functional anatomy
- Biomechanics and neuromuscular control
- Sports nutrition
- Sports medicine and rehabilitation ('Sports Medicine')
- Sports as health promotion
- Sports and the environment
- Statistics and research methods in sport

Theoretical perspectives on sport

The course does not deal with research or the (research) process. It is not a research course or an intermediate course to gain access to a university course but it offers theoretical perspectives on sport.

Type of course

This is a specialisation course. A specialisation course enables you to further deepen your skills and knowledge within your own profession (professional profile).

Who?

The course is suitable for students of the following bachelor programmes:

- Sport, Health and Management
- Fully qualified Teacher Training Physical Education
- Sport and movement education
- Physiotherapy
- Nutrition and dietetics

The course is also open to students who wish to study their perspective field's relation to sport by learning to use a theoretical framework of reference. In addition the course is also suited for international (English speaking) students who take a sport or movement course or one of the paramedical courses described above.

Information

Institute Sport, Mrs Su-Anne van Waes
E Su-Anne.vanWaes@han.nl

Deadlines and application

http://www.han.nl/start-en/bachelor/

• *Adventure Education 30 EC*

Are you adventurous, good at sport and not afraid of an (international) challenge? Then register for the Adventure Education course offered at the HAN University of Applied Sciences!

The Adventure Education course is run in cooperation with the HUMAK University of Applied Sciences in Tornio, Finland. You will learn to use challenging, (outdoor-)sports-related activities in a professional way in order to improve people's personal, social and professional skills.

Learning by doing

The act of 'doing' can be a powerful way of teaching new skills and attitudes. 'Doing' can take on many forms: acting, actions, activities and experiences - in short, 'doing' is any situation in which people are 'actively' involved.

Your career

Programmes based on Adventure Education can be found in a number of professions, including personal behaviour training, social skills training, communication training, team building and management training.

Subjects

- Experiential learning and learning through reflection
- Skills training based on the Adventure Waves method
- Indoor and outdoor training activities
- Theory of training and designing of trainingprogrammes
- Your own experiences and observations during trainings
- Risk management and safety procedures
- Ecological aspects of working in nature
- Aftercare

Note

This course:

- starts as an exception on the 23th of August!
- is partially held in Finland at HUMAK Tornio, a partner university;
- will be delivered entirely in English.

An Erasmus scholarship is (conditionally) available for EU-students studying abroad.

Who?

Students enrolled in the following programmes:

- Cultural and Social Development
- Social Pedagogical Care
- Social Work and Services
- Education Sciences/Pedagogics
- Sport and Exercise

- Sport
- Health and Management
- Grade-1 Qualification for Teaching Physical Education
- Teachers' Training for Primary Education
- Education
- Training Knowledge

Admission and requirements

The student:

- has reached level 3 of his/her study (= endlevel of a bachelor degree study!);
- can communicate effectively in written and spoken English to a minimum Senior General Secondary Education level;
- has demonstrable experience with - and an affinity for - leading groups and supervising people participating in (challenging) sportsrelated activities within, for example, scouting groups, clubs, event- or outdoor-organisations.

Information

Institute Social Studies, Mr. Arend Slot
E arend.slot@han.nl

Deadlines and application

http://www.han.nl/start-en/bachelor/

- ***Creativity and Art at work 30 EC (also taught in German)***

Sign up for the Creativity and Art at Work course offered by the HAN University of Applied Sciences!

Head, Heart and Hands

In cooperation with your fellow students, you will form an organisation called Head, Heart and Hands. This organisation aims to stimulate the development and use of Artistic and Playful Media (e.g. music, drama and the visual arts) in social work and other work-related settings. During this course youwill work to demonstrate that you can make a valuable contribution to this organisation.

Topics

You will design a product that is new, relevant and practically beneficial for (potential) users in a specific professional situation. During this creative process, you will discover many of your own strengths and weaknesses. You will also help to establish an organisation and to supervise others using Artistic and Playful Media.

Type of course

This is a specialisation course. This programme emphasises the creative, artistic-ludic profile (e.g. national profiling) and provides the opportunity to specialise within that profile.

Note
Dutch, English and German (part-time) versions of this course are available.

Who?
- This course is primarily intended as a specialisation course for HAN Institute of Social Studies students.
- Students enrolled in other programmes or from other organisations are welcome to participate: this course has a growing number of students from outside the Social Studies domain.

Admission and requirements
Students from outside the programmes Cultural Social Work, Social Educational Care and Arts Therapies must demonstrate an affinity with Artistic and Playful Media (e.g. music, drama, the visual arts), in an active way if possible.

Information
Institute Social Studies, Mr. Arend Slot
E arend.slot@han.nl

Deadlines and application
http://www.han.nl/start-en/bachelor/

- ***International Sustainable Development Cooperation 30 EC***

Drawing on your own professional expertise, you will work in a multidisciplinary project team on a relevant development cooperation theme. The team will put together a plan, implement it in a developing country with the support of an international development organisation and evaluate the results.

Topics
- Technical/economic development
- Welfare/community building
- Sustainability
- Ownership
- Knowledge of product development
- Participative planning methods
- Vision for development cooperation
- Intercultural aspects

Practical focus
Practical assignments are offered in coordination with businesses/ organisations in the field. While working on your practical assignment, you will draw on your own professional knowledge and (international) experiences. You will work closely with local partners and/or (future) users of the product.

Work placement
A 3 month work placement assignment in the Netherlands is a part of this course. You will be responsible for all travel and living costs, but can request a contribution from the organisation you are working with.

Who?
You are studying at the HAN or in a foreign country and want to deepen your knowledge about development challenges and sustainable development. You are interested in transforming your existing skills to a global level in a multi-professional setting.

Admission and requirements
- You can communicate effectively in written and spoken English.
- Affinity with international (development) cooperation.

Information
Institute Social Studies, Mr. Arend Slot
E arend.slot@han.nl

Deadlines and application
http://www.han.nl/start-en/bachelor/

IV Exchange Programmes *Placements* 10-30 EC

Some exchange students prefer to stay at our university for a placement or research. Below you will find all options, organised by institute.

1. HEALTH STUDIES

- ***Occupational Therapy***

Clinical placement
It is possible to do a Clinical Placement Occupational Therapy in the Netherlands. This option is open to German-speaking and English-speaking students. The placement has to account for 10-15 EC. The placement will take place in the final year, and the condition is that you have studied Occupational Therapy for at least two years.

Applied Research
If you are competent enough as a student to conduct literature research on your own, there are options to do applied research in Occupational Therapy. The research has to account for 15-30 EC, but this is also related to your research question.

- ***Physiotherapy***

Clinical placement
It is possible to do a Clinical Placement Physiotherapy in the Netherlands. This option is open to Germanspeaking and English-speaking students. The placement has to account for 15 EC. The placement will take place in the final year, and the condition is that you have studied Physiotherapy for at least two years. For more information about this placement, please contact the programme coordinator.

Applied Research
If you are competent enough as a student to conduct literature research on your own, there are options to do applied research in Physiotherapy. The research has to account for 15 EC, but this is also related to your research question. For more information, please contact the Physiotherapy coordinator.

- ***Nutrition and Dietetics***

If you are competent enough as a student to conduct literature research on your own, there are options to do applied research in Nutrition and Dietetics. The research has to account for 15-30 EC, but this is also related to your research question. For more information, please contact the Nutrition and Dietetics coordinator.

Information
Institute Health Studies, Mrs. Annemarie Nijhof
E Annemarie.nijhof@han.nl

• ***Dental Hygiene***

As a student you have the following placement options:

- In a private practice, general dentistry, orthodontology, child dentistry, hospital, youth dentistry organised and parodontology practices.
- Restorative skills.

The placement can last from 3 to 6 months.

Other options

- During the exchange, the student may also take a block in restorative dentistry.
- For 10 weeks, students will practice two days a week in a pre-clinical setting in doing class I preparations and restorations.
- Lectures in dental caries diagnostics and work meetings will be scheduled in support of this option.

Information

Institute Dental Hygiene, Mrs. Rika Verdoorn
E rika.verdoorn@han.nl

2. NURSING

As a student you have the following placement options:

- General hospital
- Mental health care institution
- Nursing home
- Domiciliary care

Research

In consultation, students can assist in doing research in existing projects of several professorships, namely:

- Long-term Intensive Care
- Acute Care and Clinical Intensive
- Work and Health

Information

Institute Nursing, Mr. Hein van der Hulst
E hein.vanderhulst@han.nl

3. SOCIAL STUDIES

Placement options for foreign students who do not speak Dutch are very limited. In individual cases, the coordinator internationalisation of the relative programme can assist in looking for a solution.

Information

Institute Social Studies, Mr. Arend Slot
E arend.slot@han.nl

V Studying at the HAN

At the HAN you will find everything to ensure a smooth study time. And there is always lots to do in Arnhem and Nijmegen!

Study And Leisure

In our 5 study centres you can research written and digital sources in a peaceful and quiet setting. Your HANaccount gives you access to a variety of ICT facilities, including wireless internet. If you want to play sports during your study, you are welcome at the different students' sports associations in Arn-hem and Nijmegen. The HAN's facilities provide you with a rich study environment.

Study Centres

The HAN's study centres are facilities to be proud of. Here you'll find a great collection of books, magazines, graduation papers, videotapes and DVDs, and much more. You can easily search through library catalogues and databases.
The HAN offers 5 study centres - 2 in Arnhem and 3 in Nijmegen. In these study centres you can research both paper and digital sources, or take your time and work on an assignment or presentation.
The HAN study centres are more than just libraries with multimedia facilities. Of course you can search through books, magazines, reference books and graduate papers. But you also have access to DVDs, CDs, CD-roms, digital information sources and streaming video. And with RSS you are always up to date on the latest news. As a HAN student you can watch streaming video and use online data-bases, and you can edit movies using a virtual cutting machine. Of course you can then place them in a webpage or PowerPoint presentation to give your product just that little bit extra.

ICT

A large part of your study will take place online: with your HANaccount you can log in to your mailbox and, using the virtual learning environment HAN-Scholar, you can exchange information, assignments and results with your fellow students and lecturers. Nice and easy.

Virtual Learning Environment

You can access HAN-Scholar, the HAN's new virtual learning environment (VLO), from home and at the HAN. Here you can discuss and chat with other students, hand in assignments, and check your grades. Lecturers post announcements and new assignments here.
By using HAN-Scholar, you are always directly connected to the HAN.

HAN Insite: Our Intranet

Using Insite, the intranet of the HAN, you can stay up to date with the latest news about your study programme.

You can place announcements and advertisements on the bulletin board, and find everything you need to know about a wide range of things, like courses and time tables.

HAN-wireless

The HAN has a wireless network available at several locations. Are you a HAN student with a note-book computer? Then you can use this network and be online any time at any place.

Sport

If sports are important to you, you are in for a treat in Arnhem and Nijmegen. There are tons of possibilities for filling your free time with sports activities - and often at a reduced student tariff.

SENECA

SENECA offers you a place to do fitness and work on your health individually or under supervision. SENECA is Nijmegen's Expertise Centre for sports and health, and is more than just a sports facility. This is also the place for physiotherapy, dieting advice and clinics.

University Sportscentre Gymnasion Nijmegen

With a student's USG sports card, you have access to all sports associations at the University's Sport Centre. Amateurs and experts alike can have a go at climbing, capoeira, squash, judo, fitness and more. You can make your student life as sporty as you want!

LIVING IN THE NETHERLANDS

The Netherlands (also known as Holland) may be small in size, but its economy and culture definitely are not!

In addition to having a modern economy with a high quality services sector, the Dutch are internationally recognised leaders in water management. The eastern part of the country, where HAN University of Applied Sciences is situated, is an attractive location for multinational companies because it is between the major port of Rotterdam and the German industrial area. The Netherlands is also successful in the arts and sciences. In the past, Rembrandt and Vincent van Gogh made Dutch painting famous; today Rem Koolhaas is known around the world for his architectural designs. Among our Nobel Prize winners are the well-known brothers Jan and Nicolaas Tinbergen, who contributed to the sciences of economics and biology.

Nijmegen

You're sure to have a great time when you come and live in Nijmegen. The oldest city in the Netherlands has lots of fun things to offer!

After Campus time

After finishing your classes and meetings with your classmates on campus, you'll find loads of fun things to do to relax and experience new things. One big advantage of studying in Nijmegen is the huge campus, which is home to not only the HAN, but also the Radboud

University of Nijmegen. This results in a great collaboration between the two and a number of extras for you as a HAN-student.

Sport

First of all, there is the university's sports complex, which you can use for a small fee. It's fun to exercise with your friends and classmates, or to just relax by yourself. There are also a number of student teams where you can play sports like hockey, soccer and volleyball, and, of course, relax afterwards.

Citylife

Nijmegen is a real student city. All over town there are good cafés and places to dance and have a good time. Most of them are located in the town centre, but there are also huge discoteque's on the other side of town that host great parties on a regular basis. There are also a lot of student associations where you can become a member.

Nightlive

Before you go out and party, you can choose from the many restaurants Nijmegen has to offer. You can enjoy food from all over the world at student-friendly prices. There are also lots more things to do in Nijmegen apart from just eating and enjoying the nightlife. Shopping, of course, is popular and there are a number of good choices of stores.

History

Nijmegen is the oldest city in the Netherlands and is rich in culture and history. Visit one of the museums – most even offer a student discount. So come and discover Nijmegen for yourself!

ACADEMIC CALENDAR 2011-2012

The academic year 2011-2012 starts on 1 September 2011 and ends on 26 August 2012.

Semester division

The academic year is divided into 2 semesters of 19 teaching weeks.

The first semester

- period 1: from 29 Augustus 2011 up to and uncluding 4 November 2011
- period 2: from 7 November 2011 up to and including 27 January 2012

The second semester

- period 3: from 30 January 2012 up to and including 6 April 2012
- period 4: from 9 April 2012 up to and including 22 June 2012

Holidays

Christmas Day	25 December 2011
Boxing Day	26 December 2011
New Year's Day	1 January 2012
Good Friday	6 April 2012
Easter Sunday	8 April 2012
Easter Monday	9 April 2012
Queen's Day	30 April 2012
VE Day	5 May 2012
Ascension Day	17 May 2012
Whit Sunday	27 May 2012
Whit Monday	28 May 2012

THE DUTCH SYSTEM OF HIGHER EDUCATION

In Dutch higher education we distinguish between two types of universities: research universities and universities of applied sciences, such as the HAN University of Applied Sciences.

Universities of Applied Sciences train students for specific professions and are more practice-oriented.

Reputation

Dutch higher education has a good reputation. Students who have obtained a degree from a university of applied sciences are well qualified to work within their discipline. Like most other universities of applied sciences, the HAN maintains close ties with the professional field. Its graduates are very successful in the labour market.

Bologna Treaty

With the Bologna Treaty the European Ministers of Education agreed to make study programmes in higher education more compatible. This is why all over Europe the Bachelor-Masters system has been introduced. At the HAN, students complete a Bachelor Course after four years of full-time study. Most Masters courses require one additional year.

Major-course

Bachelor Courses consist of a major and a minor. During their major, students develop the necessary knowledge and skills for their future professions. A large part of the programme is spent analysing and solving problems in groups. It also includes a work placement of at least half a year.
The minor is a one-semester course that stimulates students to deepen or broaden their knowledge.

Credit System and Grading

A student's workload is measured in ECTS credits. According to Dutch law, one credit represents 28 hours of work and 60 credits represents one year of full-time study. The grading system used in the Netherlands is on a scale from 1 (very poor) to 10 (outstanding). The lowest passing grade is 6; 9s are seldom given and 10s are extremely rare and grades 1-3 are hardly ever used. The academic year is 42 weeks long.

For more information see:

http://www.nuffic.nl/international-organizations/docs/publications/factsheet-the-education-system-in-the-netherlands-july-2009.pdf

http://www.nuffic.nl/international-organizations/docs/publications/Gradingsystems.pdf

ADMISSION EXCHANGE STUDENTS

If you are a student at a university that has a bilateral agreement with the HAN University of Applied Sciences you are eligible to study at

the HAN as an exchange student.
Potential exchange students must complete the following admissions procedure:

- The university's International Office or relevant department must first contact the HAN's Nijmegen Campus International Office or relevant department to discuss the possibilities of an exchange.
- If both universities agree to an exchange, the student concerned must complete and send the application for admission a learning agreement and all other requested documents to the HAN's Nijmegen Campus International Office.
- Once the HAN's Nijmegen Campus International Office has received the necessary documents, they will be forwarded to the relevant department, and the student will be contacted.

Deadlines

1st semester: 1 June
2st semester: 1 November

Information

http://www.han.nl/start-en/bachelor/

Housing

When you come to Nijmegen as an exchange student, you can make use of the housing facilities of the HAN University of Applied Sciences, Faculty of Health and Social Studies.

The student complex

The Vossenveld student hall is located in the southwest of Nijmegen near the Maas-Waal Canal. At this student complex, over 660 students have their own self-catering accommodation.
The distance to the city centre and the HAN is 20/25 minutes (Bus or bike). During daytime every 10 minutes there is a bus to catch for the city centre, in the evening every 20 minutes. Nearby you can also find a shopping centre/ home doctor.

The rooms

The Vossenveld building is divided in several floors with 9 single rooms each. The HAN has rented 3 floors at this complex. Every floor has a combined kitchen/ living room. The kitchen is fully equipped.
Each student has his/her own room. The rooms are furnished with a bed, armchair, desk and chair and alarm clock. Each room has its own shower. All rooms have internet access and costs are included in the service costs. Bed linen will be provided. Each floor has its own washing machine.

Admission

Within the application for admission you are able to apply for accommodation. Please be aware that your application for admission must be send to the International Office before the deadline.

More information

http://www.han.nl/start-en/bachelor/

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HAN University of Applied Sciences Faculty of Health and Social Studies

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